# CPD August 2015

The CPD programme for *SAJCH* is being administered by Medical Practice Consulting: CPD questionnaires must be completed online at www.mpconsulting.co.za

### True (T) or False (F):

#### Regarding chronic lung disease in HIV-infected children

- 1. The respiratory rate ratio is the ratio obtained by comparing the respiratory rate with the mean of normal for age.
- In adolescents with chronic lung disease, obliterative bronchiolitis with concomitant bronchiectasis is the most common pathological abnormality.
- 3. Most HIV-infected children with chronic lung disease are responsive to bronchodilators.

#### Regarding severe pneumonia in HIV-exposed or infected infants

- 4. The two most common infective agents in HIV-infected infants with severe pneumonia requiring ventilation are *Pneumocystis jiroveci* and cytomegalovirus.
- Hospital mortality among HIV-infected infants with severe pneumonia and requiring ventilation is >25%.

#### Regarding autism in children

- Autism spectrum disorder (ASD) is characterised by difficulty in social communication, language and related cognitive skills.
- 7. ASD cannot be classified as a disability as it does not meet the criteria delineated by the International Classification of Functioning, Disability and Handicap.

# Regarding HIV disclosure to children on highly active antiretroviral therapy (HAART)

- The majority of children between 8 and 14 years who had been on HAART for >1 year had had their HIV status disclosed to them.
- The better educated the caregiver, the more likely disclosure will have occurred.
- 10. It is estimated that  $\sim$ 2.4% of children in South Africa between 1 and 14 years are HIV-infected.

## Regarding the use of case management guidelines of IMCI by health workers in Tshwane

- 11. The majority of patients 2 60 months old referred to a regional hospital had been appropriately assessed using IMCI guidelines by the referring clinic healthcare workers.
- Nutrition and immunisation status should be checked at each clinic visit.
- 13. At each consultation, the healthcare worker should inquire about the following four symptoms: cough or difficulty in breathing, diarrhoea, fever and ear problems.

### Regarding oral health promotion services in KwaZulu-Natal schools

- 14. Less than half of Health Promoting Schools had oral health promotion services in place.
- Most schools in South Africa are classified as Health Promoting Schools.

# Regarding the effect of a nutrition education programme on the nutritional status of young children

- 16. Stunting occurs in ~20% of children between 2 and 5 years of age.
- 17. Underweight for age occurs in  $\sim$ 10% of children between 2 and 5 years of age.
- 18. A nutrition education programme conducted over 12 months had no effect on micronutrient deficiency of young children.

#### Regarding food allergy

- Allergy to peanuts is the most common food allergy in young children.
- 20. Cow's milk protein allergy may present with bloody stools and proctocolitis in infants.

A maximum of 3 CEUs will be awarded per correctly completed test.

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