CPD November 2013

True (A) or false (B):

Regarding keeping children alive and healthy in South Africa:

1. Millennium Development Goal 4 will be reached if all effort is directed towards prevention of mother-to-child transmission of HIV.

Regarding child health priorities:

2. Large-scale stunting in children indicates a chronic nutritional problem.

Regarding ambient air pollution and respiratory outcomes:

- 3. Ambient air pollution can precipitate the symptoms of asthma.
- 4. Spirometric lung function tests can be done even if the patient has been taking oral asthma medication.
- 5. Methacholine challenge testing is meant to identify airway hyperreactivity.
- 6. Industrial pollution does not have an overall negative effect on respiratory health of schoolchildren.

Regarding outcomes in malnourished children:

- 7. Gastroenteritis does not increase the risk of death in malnourished children.
- 8. International guidelines for the treatment of malnutrition have specific instructions for the introduction and timing of feeds.

Regarding outcomes of babies born before arrival:

9. Unbooked mothers are not at increased risk of delivering their babies outside a labour ward.

- 10. A minority of babies born before arrival have a normal birth weight.
- 11. Most babies born before arrival are preterm.
- 12. In the first 24 hours after birth, the outcome is worse for babies who are born before arrival than for inborn babies.
- 13. A 'born before arrival rate' for a hospital higher than 1.5% suggests poor access to perinatal care.
- 14. After the immediate perinatal period, babies born before arrival also have a worse outcome than inborn babies.

Regarding apnoea of prematurity:

- 15. Apnoea of prematurity is a physiological finding in babies born at less than 35 weeks' gestational age.
- 16. Caffeine is one of the methylxanthines used to treat apnoea of prematurity.
- 17. Apnoea of prematurity does not cause hypoxia and bradycardia.
- 18. Caffeine is listed as an essential drug in neonatology.

Regarding management of respiratory distress syndrome:

19. Surfactant replacement therapy is used for the management of neonatal respiratory distress syndrome.

Regarding nephrotic syndrome in children:

20. Children with nephrotic syndrome do not have microscopic haematuria.

A maximum of 5 CEUs will be awarded per correctly completed test.



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