# CPD SAJCH July 2009

### 1. Which one of the following statements is TRUE:

- a) Vasculopathy in HIV-infected children is being increasingly recognised (frequency 1 - 2%).
- b) Herpes and tuberculosis are the leading infective causes of vasculitides.
- c) The pathophysiology of HIV vasculopathy includes direct vascular endothelial infection with HIV only.
- d) Postmortem studies of HIV-infected children showed a 10% prevalence of large-vessel arteriopathy.

# 2. True (A) or false (B) – click on the correct answer:

Authors describe decreased secretion of vascular endothelial cell growth factor-A (VEGF-A) by T lymphocytes in HIV-1-infected individuals.

#### 3. Which one of the following statements is FALSE:

- a) The incidence of cerebrov ascular disease is described as 2.6% in children with HIV.
- b) Medium- and large-vessel involvement can be found in unusual sites such as the descending aorta, subclavian vessels, and renal and internal carotid arteries.
- c) There is a proven link between Takayasu's arteritis and tuberculosis in the pathogenesis of large-vessel vasculopathy.
- d) Medical management, including HAART, in children has been used with good results.
- **4. True (A) or false (B) click on the correct answer:** Echocardiography and carotid artery Doppler are useful screening tools in HIV large-vessel vasculopathy.
- 5. True (A) or false (B) click on the correct answer:
- Before the widespread use of highly active antiretroviral therapy (HAART), vascular disease in children was associated with severe immunosuppression. However, recently a few patients who were virally suppressed presented with vascular disease, and the immunereconstitution inflammatory syndrome (IRIS) has been implicated in the pathogenesis.
- 6. Which one of the following statements is TRUE? Surfactant administration to preterm infants requiring NCPAP for RDS at an  $FiO_2$  threshold of 0.45 is associated with the following outcomes when compared with use of higher thresholds:
  - a) Increased mechanical ventilation
  - b) Lower incidence of bronchopulmonary dysplasia
  - c) Increased air-leak syndromes
  - d) Higher incidence of PDA.
- 7. True (A) or false (B) click on the correct answer:
- The use of NCPAP for RDS is associated with increased mortality.
- 8. With respect to preterm infants treated with NCPAP for RDS, which one of the following statements is TRUE?
  - a) Administration of surfactant when the a/APO<sub>2</sub> ratio is below 0.36 or an FiO<sub>2</sub> requirement is above 0.37 results in a decreased need for subsequent mechanical ventilation.
  - b) Administration of surfactant if the maximum  $FiO_2$  requirement is below 0.3 is unlikely to be of significant benefit.
  - c) Most infants will require subsequent mechanical ventilation.
  - d) An abnormally low  $\mbox{PaCO}_2$  suggests compromised alveolar ventilation.
- 9. When considering administering surfactant to preterm infants treated with NCPAP for RDS, which one of the following statements is TRUE?
  - a) There will only be clinical benefit if a dose of 200 mg/kg is administered.
  - b) Standard practice is to follow surfactant administration with at least 30 minutes of mechanical ventilation.
  - c) A reasonable oxygen saturation target is 88 94%.
  - d) There are no data on the use of bovine surfactant for this indication.
- 10. Which one of the following statements is FALSE?
  - a) The use of liquid paediatric antiretroviral formulations that require refrigeration is often not feasible in resource-limited rural areas.

- b) In the absence of an appropriate paediatric formulation, the World Health Organization advocates that an adult antiretroviral formulation may be employed in an off-label manner.
- c) The off-label use of adult formulations in children often requires manipulation that may affect the accuracy of the dose.
- d) The method of dispersing the contents of a stavudine capsule in water is condoned by the manufacturers under special circumstances.

#### 11. True (A) or false (B) – click on the correct answer:

The accuracy of the 'opened capsule' method for stavudine dosing in young children has been found to be acceptable.

# **12.** Which one of the following statements is TRUE of employing adult formulations in children:

- a) Off-label use of adult formulations is recommended in paediatrics.
- b) The accuracy of an off-label dosing method must be tested before it is used in children.
- c) The bioavailability of capsule contents mixed into water is the same as that of an intact capsule.
- d) The off-label use of an adult formulation is appropriate even in areas where a suitable paediatric formulation is readily available and feasible.
- 13. Which one of the following statements is TRUE regarding the 'opened capsule' dosing method:
  - a) The powder contents of capsules are reliably easy to disperse in water.
  - b) The 'opened capsule' dosing method has been shown to be accurate for all brands of stavudine capsules.
  - c) When the contents of a stavudine capsule are mixed into water, the visible sediment that collects at the bottom of the container is likely to contain active drug.
  - d) If the contents of a capsule do not disperse easily in water, the accuracy of the dose may be compromised.

#### 14. True (A) or false (B) - click on the correct answer:

When the contents of a stavudine capsule are mixed into water, it is essential for the sediment to be included in the aliquot given to the child.

# 15. True (A) or false (B) – click on the correct answer:

The off-label 'opened capsule' administration method for stavudine dosing in children should only be used if generic capsules the contents of which disperse rapidly and easily in water can be supplied.

# 16. True (A) or false (B) – click on the correct answer:

Urine abnormalities are not common in children starting school, so there is no need for urinalysis in this group.

# 17. Which one of the following statements is FALSE:

- a) Urinary tract infection (UTI) is common in childhood.
- b) The symptoms and signs of UTI are usually specific.
- c) Older female children are more likely to have UTI than male children.
- d) There are simple diagnostic tests available for UTI.
- 18. True (A) or false (B) click on the correct answer:
- Long-term complications are not a problem in UTI.
- 19. Which one of the following is TRUE of abnormalities in urine:
  - a) They may be an early sign of urinary tract infections.
  - b) They always imply kidney disease.
  - c) Diseases of other organs/systems are not detected by urinalysis.
  - d) Proteinuria and/or haematuria have been shown to be significant predictors of end-stage renal disease.

#### 20. Which one of the following statements is FALSE:

- a) Routine medical examination including urinalysis should ideally occur at the first school entry.
- b) Routine urinalysis should not be part of medical examination of pupils at the point of school entry.
- c) Urinalysis using the simple dipstick is a valid screening tool.
- d) Children with urine abnormalities require further follow-up to determine the cause.

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