

**Fig. 4. H and E-stained slide (×10) demonstrating germinal centre with hyaline-vascular changes surrounded by a tight concentric arrangement of lymphocytes.**

lymphoid follicles and penetrating capillaries, which is more often associated with the localised form of the disease, and a plasma cell type characterised by sheets of plasma cells between germinal centres, which is more often associated with the multicentric form of the disease. The multicentric form of the disease is often associated with constitutional symptoms, whereas localised disease as in the case presented is usually

asymptomatic. The most common site of localised disease is mediastinal, neck and abdominal. Castleman's disease, like Kaposi's sarcoma, is usually associated with human herpesvirus 8 infection, which may explain its very vascular nature.<sup>2</sup>

Surgical excision is the treatment of choice for localised disease and is usually curative, while treatment of the multicentric form associated with HIV infection is more difficult. No randomised trials of treatment have been undertaken owing to the rarity of the disease. Etoposide and vinblastine are often used, and starting patients on antiretroviral therapy is recommended.

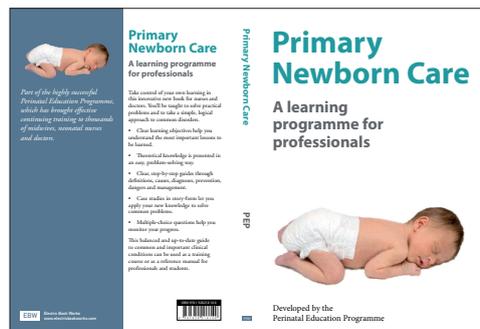
Our case illustrates a rare cause of a lump in the groin. Malara *et al.* have previously described imaging techniques in Castleman's disease including angiographic appearances.<sup>3</sup> It is important to consider Castleman's disease in the differential diagnosis of vascular masses.

**References**

1. Castleman B, Iverson L, Menendez VP. Localized mediastinal lymphoid hyperplasia resembling thymoma. *Cancer* 1956; 9: 822.
2. Soulier J, Grollet L, Oskenhendler E, *et al.* Kaposi's sarcoma-associated herpesvirus-like DNA sequences in multicentric Castleman's disease. *Blood* 1995; 86: 1276-1280.
3. Malara FA, Prince P, Fabiny R. Mesenteric Castleman's disease: ultrasound, computer tomography and angiographic appearance. *Australasian Radiology* 2000; 44: 109-111.

**BOOK REVIEW**

**Primary Newborn Care. A Learning Programme for Professionals.** Ed. by Prof. David Wood (Perinatal Education Trust). Pp. 105. R100 (incl. Vat). Electric Book Works. 2008. ISBN 978-1-920218-140.



The title of this book conveys exactly what it aims to achieve. The approach, as in all the manuals of the Perinatal Education Programme, is a simple and direct one that deals clearly with the various aspects of primary newborn care. Using the case study method with relevant questions around each clinical situation is a sound educational technique.

The book deals with caring for normal infants at birth, minor problems, feeding problems and discharge criteria along with the relevant information the mother needs to know. Resuscitation of the newborn is dealt with in a similar manner, and those who have gone through the exercise should be able to handle asphyxia without alarm or panic. The management of the meconium-stained infant is put into perspective and the guideline is clear and unambiguous.

Care of the low-birth-weight infant deals with the preventive aspects of care including kangaroo mother care.

The management of the commonest emergencies in the newborn at first contact are addressed with clarity.

One of the most expensive therapies, and one that is hazardous to the newborn eye, is oxygen. The use of oxygen is addressed simply and the guidelines are applicable in any setting. Simply having mild tachypnoea is not an indication for oxygen therapy, a common error.

Other common and important problems include jaundice, sepsis, trauma and bleeding – again these are approached with simplicity, and if applied appropriately management would be effective. Finally transport of the newborn – why, how and what to prevent is addressed. Importantly, the baby-friendly aspect has to be emphasised at all levels of care.

This book is an essential tool in the initial and ongoing training and teaching of any health care worker handling the newborn.

**Miriam Adhikari**

**This and many other paediatrics books are available from the HMPG Book Department at a discount to SAMA members.**  
Go to [www.hmpg.co.za](http://www.hmpg.co.za), or visit our stand at the Congress